



Overview

Penzance Swimming Association and Water Polo Club are seeking a Level 2 Swim Coach to support our Head Coach and join us ready for the new season to commence in September 2024. The club has seen a growth in membership and now has a waiting list to join. We are England's most South Westerly Swimming and Water Polo club with pool training sessions held at our local six lane, 25m gala-ready pool based at Penzance Leisure Centre in Cornwall. Following the successes of our swimmers over the last few years, we currently have a range of swimmers medalling at County, Regional and National Level, and are proud to be the Cornwall Interclub Champions 2023, representing the depth of talent in our pool.

Job Description

Organisation: Penzance SA & WPC

Contract Type: Self employed

Qualifications: Swim England Level 2 Coach

Working Hours: Part time

Pay: Competitive package, negotiable based on responsibilities, qualifications & experience

Location: Penzance, Cornwall

Main Duties

- Alongside our head coach: develop, implement and support a swimming training programme for our younger swimmers aged 7+ and our Masters squad.
- Provide instruction on good swimming techniques, including stroke mechanics, starts, turns and finishes.
- Plan and lead practice sessions to improve swimmers endurance, speed, and overall performance in line with Swim England's Long Term Athlete Development (LTAD).
- Monitor and evaluate individual swimmer's progress and provide feedback for improvement.
- Ensure the safety of swimmers during training sessions and competitions in line with the Club's policies and Swim England Wavepower Child Safeguarding policy and procedure.
- Attend appropriate galas and provide swimmer feedback to guide improvement and assist swimmers in meeting their personal goals. Use the feedback to help guide the planning of future coaching.
- Collaborate with other coaches and our friendly committee to create a positive and supportive team environment for everyone.

Qualifications, Skills and Experience

Essential:

- Previous experience in sports coaching, specifically in swimming
- Strong knowledge of swimming techniques, training methods & competition rules



- Ability to effectively communicate and educate athletes on proper swimming techniques
- Excellent leadership skills with the ability to motivate and inspire swimmers.
- Strong organisational skills to plan and coordinate practice sessions
- Work well as a member of a team
- Good communication skills to form strong links with our athletes and parents
- Minimum of a Swim England Level 2 in Coaching Swimming.

Desirable:

- Swim England Level 2 in Coaching Water Polo (we are seeking to get this branch of our club set up again and this could form part of the job role with additional hours for the right candidate; equally we are open to it being a separate role.)
- Swim England Level 2 in Open Water Coaching (we have the outdoor Jubilee pool on our doorstep, alongside the amazing Mounts Bay and Cornish beaches. Again, this could provide additional hours for the right candidate; equally we are open to it being a separate role.)
- A land-based training coach certificate so we can further support the strength and conditioning of our swimmers. The leisure centre offers a newly refurbished gym onsite.

Provisional Hours

We can offer a minimum of 7 hours pool-based coaching per week with the potential to expand on these in school holiday time and across the year when attending galas. However, we are very flexible regarding this vacancy and can adapt the role to support the right person/s for our swimmers. This could include extra weekly hours to support the return of water polo/ open water/ land training sessions if desirable.

In return, we offer a competitive hourly rate and will support professional development for a new coach when they join our team.

How to Apply

If you are passionate about swimming and have a desire to help swimmers reach their full potential, we would love to hear from you! Please send an email/ submit your CV highlighting your teaching and coaching experience to our Club Chair:

Glyn Belt: pz.chairperson@gmail.com

Or phone 07902909003 for a further discussion around the role after 15:30 weekdays Monday-Friday.