

CORNWALL COUNTY ASA RECORDS - LONG COURSE - LADIES

BACKSTROKE

50m	Sen	Turaya Evans	00.29.97	Carn Brea/Helston	2019	Regional Champs.
	Jun	Turaya Evans	00.30.28	Carn Brea/Helston	2017	British Champs.
100m	Sen	Turaya Evans	01.04.46	Carn Brea/Helston	2019	British Champs.
	Jun	Turaya Evans	01.05.07	Carn Brea/Helston	2017	British Champs.
200m	Sen	Turaya Evans	02.22.66	Carn Brea/Helston	2019	British Champs.
	Jun	Robyn Edwards	02.24.61	Truro City	2013	Millfield

BREASTSTROKE

50m	Sen	Kate Muggleston	00.34.38	Caradon	2022	British Champs.
	Jun	Kate Muggleston	00.34.78	Caradon	2021	Swansea
100m	Sen	Molly Roodhouse	01.13.28	Caradon	2022	South West Region
	Jun	Molly Peters	01.16.21	St Ives Bay	2014	Sheffield
200m	Sen	Kay de Courcy	2.38.75	St Austell	2012	Plymouth
	Jun	Holly Yeo	2.45.50	Launceston	2006	Avalon Open

BUTTERFLY

50m	Sen	Cassie Patten	00.29.20	Bodmin	2004	Western Counties
	Jun	Jemima Grigg	00.29.58	Newquay	2016	British Champs
100m	Sen	Cassie Patten	01.02.52	Bodmin	2004	Nationals
	Jun	Edie Price	01.04.59	Carn Brea/Helston	2022	Regional Champs.
200m	Sen	Cassie Patten	02.13.74	Bodmin	2007	Manchester
	Jun	Cassie Patten	02.19.47	Bodmin	2003	Nationals

FREESTYLE

50m	Sen	Laura Deering	00.27.03	Bodmin	2005	C. Games Trials
	Jun	Laura Deering	00.27.29	Bodmin	2004	Western Counties
100m	Sen	Laura Deering	00.58.74	Bodmin	2005	C. Games Trials
	Jun	Laura Deering	00.59.16	Bodmin	2005	Western Counties
200m	Sen	Cassie Patten	02.03.18	Bodmin	2006	British Champs.
	Jun	Renaë Caddy	02.10.31	Penzance	2013	Nationals
400m	Sen	Cassie Patten	04.14.64	Bodmin	2006	British Champs.
	Jun	Cassie Patten	04.30.10	Bodmin	2003	Millfield
800m	Sen	Cassie Patten	08.36.64	Bodmin	2007	Manchester
	Jun	Cassie Patten	09.07.80	Bodmin	2003	Nationals
1500m	Sen	Cassie Patten	16.25.44	Bodmin	2007	Sheffield
	Jun	Cassie Patten	17.44.56	Bodmin	2001	Western Counties

INDIVIDUAL MEDLEY

200m	Sen	Cassie Patten	02.22.09	Bodmin	2004	Western Counties
	Jun	Megan Vingoe	02.29.04	Carn Brea/Helston	2017	National Champs.
400m	Sen	Cassie Patten	04.49.15	Bodmin	2006	British Champs.
	Jun	Cassie Patten	05.05.96	Bodmin	2003	Sheffield

TEAMS FREESTYLE

4X100m	Sen	Caradon	4.15.64	Caradon	2022	South West Region
	Jun	Carn Brea/Helston	04.15.20	Carn Brea/Helston	2016	South West Region
4X200m	Jun	Carn Brea/Helston	09.17.66	Carn Brea/Helston	2016	South West Region

TEAMS MEDLEY

4X100m	Sen	Caradon	4.40.83	Caradon	2022	South West Region
	Jun	Caradon	04.56.95	Caradon	2022	South West Region

As of Jan 10th 2017 juniors must be under 16 at year end and seniors 16 or over. For regional teams junior=14-16 senior =17+
Long course records started 01/10/02. * = subject to ratification by swimming committee.

CORNWALL COUNTY ASA RECORDS - LONG COURSE - MEN

BACKSTROKE

50m	Sen	Ed Gilbertson	27.22	Caradon	2015	Plymouth
	Jun	Charlie Varker	28.47	St Austell	2018	Plymouth
100m	Sen	Calum Jarvis	59.22	Wadebridge	2008	Sheffield
	Jun	Calum Jarvis	59.22	Wadebridge	2008	Sheffield
200m	Sen	Calum Jarvis	02.04.79	Wadebridge	2008	Sheffield
	Jun	Calum Jarvis	02.04.79	Wadebridge	2008	Sheffield

BREASTSTROKE

50m	Sen	Sam Norton	00.31.56	Truro City	2018	British Champs.
	Jun	Zac Broomfield	00.31.92	St. Ives Bay	2016	ASA Champs
100m	Sen	Nick Polkinghorne	01.07.28	Truro City	2003	GB Masters
	Jun	Sam Norton	01.10.64	Truro City	2017	Region Winter Champs
200m	Sen	Nick Polkinghorne	02.31.73	Truro City	2003	GB Masters
	Jun	Harry Polkinghorne	02.36.96	Truro City	2019	Regional Champs

BUTTERFLY

50m	Sen	Charlie Haynes	25.58	Truro City	2014	Plymouth
	Jun	Robert Brittle	27.06	Truro City	2017	National Champs.
	Jun	Calum Jarvis	27.77	Wadebridge	2008	Sheffield
100m	Sen	Charlie Haynes	58.03	Truro City	2014	Plymouth
	Jun	Oliver Waller	59.42	North Cornwall	2019	British Champs.
200m	Sen	Joshua Bond	02.19.01	St. Ives Bay	2010	Millfield
	Jun	Shay Brent	02.16.89	North Cornwall	2018	National Champs

FREESTYLE

50m	Sen	Tom Taylor	00.23.98	North Cornwall	2023	Plymouth
	Jun	Charlie Varker	00.25.19	St Austell	2018	British Champs.
100m	Sen	Tom Taylor	00.52.63	North Cornwall	2023	Plymouth
	Jun	Charlie Varker	00.55.09	St Austell	2018	British Champs.
200m	Sen	Charlie Haynes	01.57.70	Truro City	2014	Plymouth
	Jun	Calum Jarvis	01.59.16	Wadebridge	2008	Swansea
400m	Sen	Thomas Trebilcock	03.59.39	Truro City	2023	Plymouth
	Jun	Calum Jarvis	04.07.95	Wadebridge	2008	Sheffield
800m	Sen	Thomas Trebilcock	08.20.90	Truro City	2023	Plymouth
	Jun	Calum Jarvis	08.43.48	Wadebridge	2007	Sheffield
1500m	Sen	Thomas Trebilcock	16.05.27	Truro City	2023	Plymouth
	Jun	Calum Jarvis	16.35.03	Wadebridge	2008	Sheffield

INDIVIDUAL MEDLEY

200m	Sen	Calum Jarvis	02.13.67	Wadebridge	2008	Sheffield
	Jun	Calum Jarvis	02.13.67	Wadebridge	2008	Sheffield
400m	Sen	Calum Jarvis	04.55.03	Wadebridge	2007	Sheffield
	Jun	Thomas Belt	04.52.85	Penzance	2023	Plymouth

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