

# CCASA - Masters Gala 2023 New County Masters Short Course Records 12th March at Bodmin

## Congratulations:

### Ladies

#### Breaststroke

##### 200m

60/64	Ninette Hibbs	St Austell	3:32.83
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#### Freestyle

##### 200m

35/39	Megan Cookson	Carrick Masters	2:37.39
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##### 400m

40/44	Anna Harrold	Carrick Masters	5:17.77
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65/69	Alison Russell	Carrick Masters	8:16.83
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#### Individual Medley

##### 400m

35/39	Sarah Quartermine	Carrick Masters	5:43.37
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### Men

#### Breaststroke

##### 100m

75/79	Peter Stephens	Carrick Masters	2:11.88
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#### Butterfly

##### 200m

Senior	Freddie Caslake	Bude	2:58.05
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#### Freestyle

##### 200m

30/34	Robert Bale	North Cornwall	2:00.06
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75/79	Peter Stephens	Carrick Masters	3:11.97
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#### Individual Medley

##### 400m

45/49	Edward Richardson	Bude	6:37.97
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### Mixed

#### Medley Team

##### 4X50m

240/279	Carrick Masters	Carrick Masters	2:32.36
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