

Synchro AGM 11th June 2019

This year has seen a steady increase in numbers with younger swimmers being the major proportion.

During this year we have been looking to expand our offering and increase the number of sessions with a plan to have an additional session for the stage 8 to 10 groups to introduce them to synchro and therefore increase our numbers. To facilitate this we also need to increase the number of helpers within the club and a Synchro poolside helpers course is planned for this summer. This plan will also provide us with succession planning for teachers, we are also hoping that some of the older swimmers 2 of whom have already taken the poolside helpers course will contribute to the teaching groups as well.

The competition calendar is also undergoing change at the moment to encourage more in the way of periodisation for training and competition. This is still in its early days and hope that the plan will make it easier for us to progress swimmers.

The grading of swimmers has also been very successful this year and we have had several successes for individual swimmers attaining figure and routine grades. Some swimmers have pledged to get all the grades there are and we will endeavour to support them in this challenge.

This year we decided that it would be a great experience to compete in the London Aquatic Centre and we are taking 2 teams to London for the 6th July. There has been a huge amount of work involved and I would like to acknowledge the massive amount of support and help that has been given by the parents, admin team and coaches.