

National Coach Development Programmes 2019-2020

The National Coach Development Programmes provides coaches with an opportunity to learn and further develop their coaching skills to enhance their knowledge and experience of working with Para-Swimmers. These programmes will provide support to coaches working with Para-Swimmers and are centred on the pillars of athlete development and coaching behaviours. Leading experts in Para-Swimming will deliver and support the programmes.

National Coach Development Programme Level 1

Level 1 programme is centred on the pillars of athlete development: Technical, Tactical, Physical, Psychological and Lifestyle. The programme will support coaches to create development plans for a para-swimmer under each pillar providing holistic development of the para-swimmer in their journey through the Athlete Development Support Pathway (ADSP).

National Coach Development Programme Level 2

Level 2 builds on Level 1 from the previous season. The pillars of athlete development continue to be explored and reinforced in the process of holistically developing a para-swimmer. More emphasis on 'knowing your para-swimmer', coaching behaviours and reflective practices are a prominent feature of Level 2.

Cost

No costs, all programmes are free (coaches must cover travel and food expenses).



Responsibility
Ownership
Commitment
Knowledge

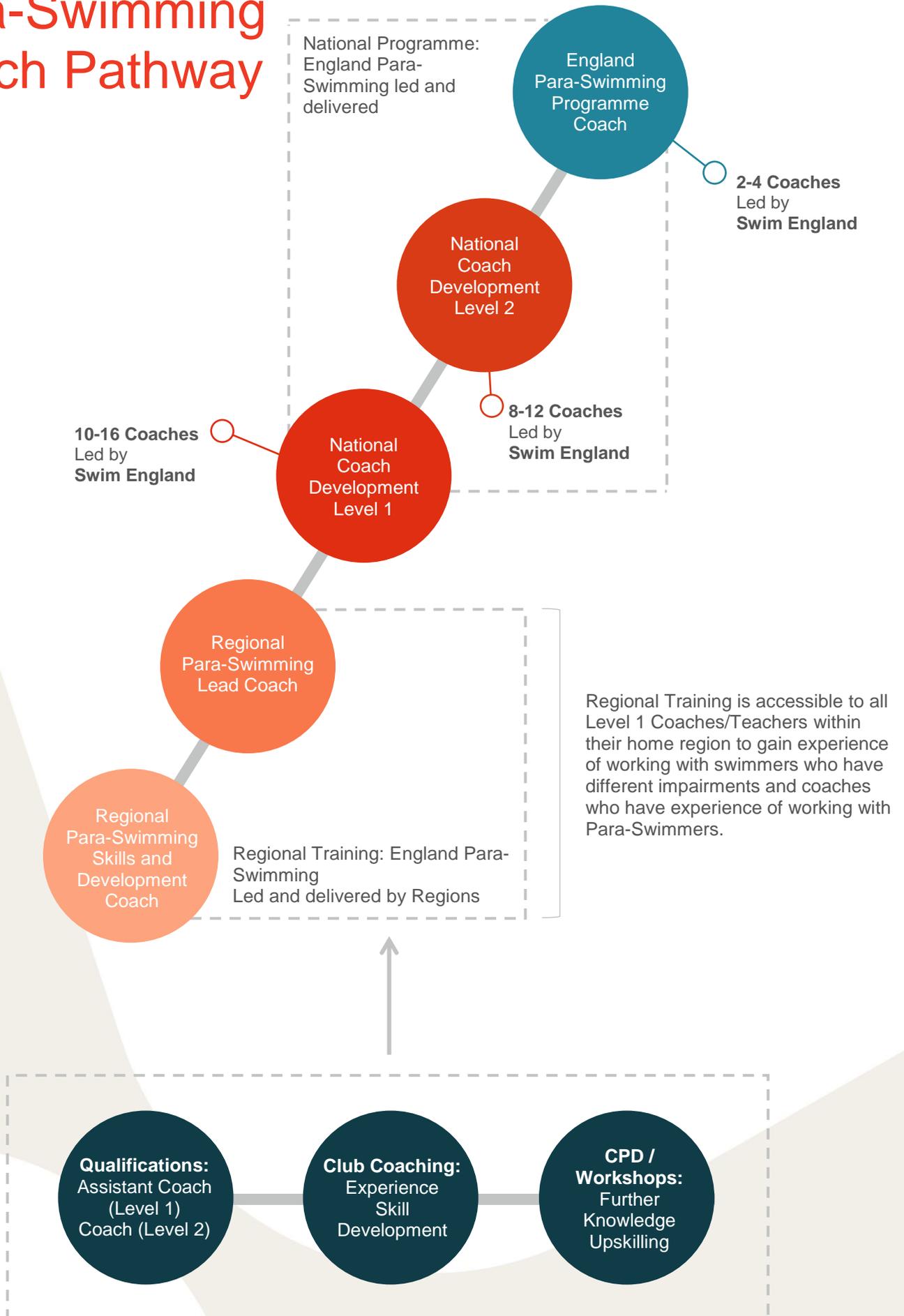
National Coach Development Programme Level 1

	Information
Eligible coaches	<ul style="list-style-type: none"> Coaches who are working with Para-Swimmers who have at a minimum, competed at the 2019 Swim England Summer Championships. Minimum Level 2 Coach qualified.
Delivery	<ul style="list-style-type: none"> Webex, interactive online sessions. England Talent camp delivery of pool and land sessions. Coach workshop led by leading professionals. Coach Scheme of Work, short tasks regarding your para-swimmer.
Programme Dates and Locations	<ul style="list-style-type: none"> 8 October Webex Online; Induction and Growth and Maturation of a Para-Swimmer. 17 December Webex Online; Coach Scheme of Work. 6 April Nottingham; England Talent National Foundation Training Camp. 6 June Loughborough; Coaching Behaviours Workshop.

National Coach Development Programme Level 2

	Information
Eligible coaches	<ul style="list-style-type: none"> Selected coaches who have shown full engagement with Level 1 the previous year. Minimum Level 2 Coach qualified.
Delivery	<ul style="list-style-type: none"> Webex, interactive online sessions. England Talent camp delivery of pool and land sessions. Coach workshop led by leading professionals. Coach Scheme of Work, short tasks regarding your para-swimmer.
Programme Dates and Locations	<ul style="list-style-type: none"> 8 October Webex Online; Induction and Growth and Maturation of a Para-Swimmer. 16 or 17 November Swindon or York; England Talent National Development Training Camp. 17 December Webex Online; Coach Scheme of Work. 15 February Loughborough University; England Talent National Development Training Camp. 7 June Loughborough; Guest Speaker and Reflective Practice Workshop.

Swim England Para-Swimming Coach Pathway



Expression of interest

If you wish to be on the Para-Swimming National Coach Development programme level 1 for the 2019-20 season then please email your expression of interest to; paraswimming@swimming.org.

Please provide the following details in your email:

- Your name
- Club
- Coaching Qualification
- Current information of working with Para-Swimmers.

For an informal discussion regarding the programmes contact:

Tom McManus | Para-Swimming Talent Coach (Coaching Lead)

Responsible for developing our coach workforce.

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