

CCASA 2019 - Championship Records (Stroke order)**JCCR=Junior Championship Record - SCCR = Senior Championship Record**

n.b. 1500m free reported before 800m free

Female 50m Backstroke

JCCR	30.41	Turaya	Evans	Carn Brea & Helston SC	2016
SCCR	29.58	Turaya	Evans	Carn Brea & Helston SC	2019

Female 100m Backstroke

JCCR	1:04.29	Turaya	Evans	Carn Brea & Helston SC	2018
SCCR	1:03.56	Turaya	Evans	Carn Brea & Helston SC	2019

Female 200m Backstroke

JCCR	2:22.63	Turaya	Evans	Carn Brea & Helston SC	2018
SCCR	2:16.73	Eleanor	Phesse	Carn Brea & Helston SC	2019

Female 50m Breaststroke

JCCR	36.24	Emma	Nettleton	Newquay Cormorants SC	2017
SCCR	34.59	Molly	Peters	St Ives Bay SC	2016

Female 100m Breaststroke

JCCR	1:18.14	Maddie- rose	Walker	Penzance SA	2019
SCCR	1:16.66	Hannah	Reid	Carn Brea & Helston SC	2018

Female 200m Breaststroke

JCCR	2:48.80	Amelia	Durant	Carn Brea & Helston SC	2019
SCCR	2:49.13	Megan	Vingoe	Carn Brea & Helston SC	2018

Female 50m Butterfly

JCCR	28.99	Oriana	Noel	Carn Brea & Helston SC	2019
SCCR	29.51	Sara	Mazzeo	Carn Brea & Helston SC	2017

Female 100m Butterfly

JCCR	1:04.70	Oriana	Noel	Carn Brea & Helston SC	2019
SCCR	1:06.53	Sara	Mazzeo	Carn Brea & Helston SC	2017

Female 200m Butterfly

JCCR	2:21.88	Oriana	Noel	Carn Brea & Helston SC	2019
SCCR	2:26.69	Sara	Mazzeo	Carn Brea & Helston SC	2017

Female 50m Freestyle

JCCR	27.52	Oriana	Noel	Carn Brea & Helston SC	2019
SCCR	27.17	Courtney-Lee	Reid	St Austell ASC	2016

Female 100m Freestyle

JCCR	1:00.39	Jemima	Grigg	Newquay Cormorants SC	2016
SCCR	59.31	Courtney-Lee	Reid	St Austell ASC	2016

Female 200m Freestyle

JCCR	2:10.91	Jemima	Grigg	Newquay Cormorants SC	2016
SCCR	2:10.41	Megan	Vingoe	Carn Brea & Helston SC	2019

Female 400m Freestyle

JCCR	4:33.27	Megan	Vingoe	Carn Brea & Helston SC	2017
SCCR	4:31.40	Alexandra	Szuplewski	Caradon Swimming Club	2016

Female 1500m Freestyle

JCCR	18:16.00	Beth	Lines	Newquay Cormorants SC	2019
SCCR	17:47.51	Megan	Vingoe	Carn Brea & Helston SC	2019

Female 800m Freestyle

JCCR	9:16.55	Megan	Vingoe	Carn Brea & Helston SC	2017
SCCR	9:14.96	Megan	Vingoe	Carn Brea & Helston SC	2018

Female 100m Individual Medley

JCCR	1:07.65	Emma	Nettleton	Newquay Cormorants SC	2017
SCCR	1:07.42	Courtney-Lee	Reid	St Austell ASC	2017

Female 200m Individual Medley

JCCR	2:25.07	Megan	Vingoe	Carn Brea & Helston SC	2017
SCCR	2:24.22	Megan	Vingoe	Carn Brea & Helston SC	2018

Female 400m Individual Medley

JCCR	5:06.91	Megan	Vingoe	Carn Brea & Helston SC	2017
SCCR	5:07.70	Megan	Vingoe	Carn Brea & Helston SC	2018

These can be achieved in the finals only for 50m and 100m events - for other events they are from the heats

Male 50m Backstroke					
JCCR	29.09	Charlie	Varker	St Austell ASC	2018
SCCR	26.84	Edward	Gilbertson	Caradon Swimming Club	2016
Male 100m Backstroke					
JCCR	1:02.10	Charlie	Varker	St Austell ASC	2018
SCCR	57.21	Edward	Gilbertson	Caradon Swimming Club	2016
Male 200m Backstroke					
JCCR	2:18.41	Aeden	McNamara	St Ives Bay SC	2016
SCCR	2:06.18	Oliver	Jarvis	North Cornwall Dragons	2016
Male 50m Breaststroke					
JCCR	32.72	Michael	Pond	Truro City Swim Club	2018
SCCR	29.88	Adam	Matthews	Truro City Swimming Club	2019
Male 100m Breaststroke					
JCCR	1:11.72	Zachary	Broomfield	St Ives Bay SC	2016
SCCR	1:07.28	Samuel	Norton	Truro City Swimming Club	2019
Male 200m Breaststroke					
JCCR	2:36.60	Zachary	Broomfield	St Ives Bay SC	2016
SCCR	2:29.27	George	Spencer	North Cornwall Dragons	2018
Male 50m Butterfly					
JCCR	27.85	Olliver	Waller	North Cornwall Dragons	2019
SCCR	25.82	Edward	Gilbertson	Caradon Swimming Club	2016
Male 100m Butterfly					
JCCR	1:00.64	Olliver	Waller	North Cornwall Dragons	2019
SCCR	57.76	Oliver	Jarvis	North Cornwall Dragons	2016
Male 200m Butterfly					
JCCR	2:17.65	Shay	Brent	North Cornwall Dragons	2019
SCCR	2:16.41	Angus	Jarvis	North Cornwall Dragons	2016
Male 50m Freestyle					
JCCR	25.53	Charlie	Varker	St Austell ASC	2018
SCCR	24.05	Adam	Matthews	Truro City Swimming Club	2019
Male 100m Freestyle					
JCCR	55.45	Charlie	Varker	St Austell ASC	2018
SCCR	52.65	Adam	Matthews	Truro City Swimming Club	2019
Male 200m Freestyle					
JCCR	2:02.89	Thomas	Trebilcock	Truro City Swim Club	2018
SCCR	1:55.89	Oliver	Jarvis	North Cornwall Dragons	2016
Male 400m Freestyle					
JCCR	4:20.00	Thomas	Trebilcock	Truro City Swim Club	2018
SCCR	4:04.81	Oliver	Jarvis	North Cornwall Dragons	2016
Male 1500m Freestyle					
JCCR	16:45.30	Thomas	Trebilcock	Truro City Swim Club	2018
SCCR	16:03.63	Oliver	Jarvis	North Cornwall Dragons	2016
Male 800m Freestyle					
JCCR	9:08.43	Harry	Polkinghorne	Truro City Swimming Club	2019
SCCR	8:38.52	Thomas	Trebilcock	Truro City Swimming Club	2019
Male 100m Individual Medley					
JCCR	1:04.05	Zachary	Broomfield	St Ives Bay SC	2016
SCCR	1:01.44	Oliver	Jarvis	North Cornwall Dragons	2016
Male 200m Individual Medley					
JCCR	2:21.80	Zachary	Broomfield	St Ives Bay SC	2016
SCCR	2:15.70	George	Spencer	North Cornwall Dragons	2018
Male 400m Individual Medley					
JCCR	5:03.12	Shay	Brent	North Cornwall Dragons	2019
SCCR	4:35.56	Oliver	Jarvis	North Cornwall Dragons	2016

These can be achieved in the finals only for 50m and 100m events - for other events they are from the heats